

# oslo raw

## RAW FOOD

Please note that there can be traces of nuts in all our foods, drinks and cakes!

### CHIA PUDDING 79,-

Chia seeds, oatmilk, coco yoghurt, granola, peanut butter, superfoods & fruit

*(Peanuts, almonds, walnuts & GF oats)*

### CREAMY OATS 79,-

GF oats, oatmilk, raspberry jam, granola, peanut butter, superfoods & fruit

*(Peanuts, almonds, walnuts & GF oats)*

### AVOCADO TOAST 129,-

Two glutenfree toasts, avocado, olive oil, chili flakes, salt & pepper

*(None)*

### NOURISH SALAD BOWL 159,-

Quinoa, avocado, spinach, kale, sprouts, cucumber, tomato, cabbage, hemp, edamame, pumpkin seeds, hummus

*(Soy)*

Choose between sesame peanut dressing

*(Peanuts)*

or tahini lemon dressing

*(None)*

### MORNING PORRIDGE 129,-

Almond milk, buckwheat, GF oats, chia, pumpkin, sunflower & flax seeds, coco yoghurt, almond butter & fruit

*(Almonds, walnuts, GF oats)*

### COCO YOGHURT 85,-

Coconut milk, probioform, dates, mango, turmeric, granola, peanut butter, superfoods & fruit

*(Peanuts, almonds, walnuts & GF oats)*

### SWEET WAFFLE

Waffle with quinoa & oat flour topped with whipped coconut cream, berries, fruit and nutella

*(Hazelnuts, oats)*

### SAVOURY WAFFLE 149,-

Waffle with quinoa & oat flour topped with avocado, sprouts, hummus, cashew cheese

*(Cashews, oats)*

### BRUNCH 179,-

Choose chia, oats or acai

Kitchen's choice of cakes

Avo cracker

Hot or cold drink

Follow our treats



All our treats & foods are  
plant-based and handmade

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## COFFEE

Espresso	29,-
Americano	29,-
Filter coffee	29/39,-
Cappucino	42,-
Latte	49,-
Chaga	59,-
Womb	59,-
Pumpkin	49,-
Ginger	49,-
Chai latte	55,-
Matcha latte	59,-
Golden mylk	59,-
Hot chocolate	55,-
Beet latte	59,-

*You can add whipped cream to all of our hot and iced drinks*

## SMOOTHIE

### GREEN BOMB

Mango, spinach, ginger, coconut water, lemon

### GINGER POWER

Mango, carrot, ginger, lemon, turmeric, coconut water

### BLUEBERRY PROTEIN

Blueberries, banana, oats, dates, almond butter, spinach, vanilla protein, almond & rice mylk

### PURE GREEN

Avocado, cucumber, alfalfa sprouts, spinach, banana, almond & rice mylk

## TEA

Earl grey	35,-
Chai	
Mint	
Raspberry green	
ICED	
Iced coffee	39,-
Iced golden	59,-
Iced nutella	59,-
Iced matcha	59,-

## COLD DRINKS

Kombucha	79,-
Birchsap	49,-
Coconut water	55,-
Cold pressed lemonade	49,-
Juice todays special	

## BOWLS

AÇAI	129,-
Açai, mango, blueberries, raspberries, almond & rice mylk	-
<i>*Comes with toppings</i>	

## PINK PITAYA

Pitaya, mango, banana, dates, raspberries, almond & rice mylk

*\*Comes with toppings*

## CREAMY MATCHA

Matcha, mango, spinach, bananas, dates, rice & almond mylk

*\*Comes with toppings*

## TOPPINGS

Granola, hemp, coconut flakes, cacao nibs, fruit & nut butter

*(Walnuts, almonds, peanuts)*

Extra: 15,-