

oslo raw

Please note that there can be traces of nuts in all our foods, drinks and cakes!

CHIA PUDDING

Jam, chia pudding, coco yoghurt, raw granola, cacao nibs, hemp seeds, coconut flakes, peanut butter, seasonal fruits

(Peanuts, almonds, walnuts, GF oat milk)

CREAMY OATS

Jam, GF oat porridge, coco yoghurt, raw granola, cacao nibs, hemp seeds, coconut flakes, peanut butter, seasonal fruits

(Peanuts, almonds, walnuts, GF oats & GF oat milk)

MORNING PORRIDGE

Jam, GF oat porridge with chia, pumpkin, sunflower & flax seeds, maple syrup, coco yoghurt, almond butter & seasonal fruits

(Almonds, walnuts, GF oats & GF oat milk)

AÇAÍ BOWL

Base: açai, mango, blueberries, raspberries, almond & rice mylk

Toppings: raw granola, cacao nibs, hemp seeds, coconut flakes, peanut butter, seasonal fruits

(Peanuts, almonds, walnuts)

COCO YOGHURT BOWL

Homemade coco yoghurt with probioform, jam, raw granola, cacao nibs, hemp seeds, coconut flakes, peanut butter, seasonal fruits

(Peanuts, almonds, walnuts & GF oats)

BRUNCH

Choose chia, oats or açai
Kitchen's choice of raw cakes
Avo slice *(cashews)*
Hot or cold drink

Follow our treats



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SWEET WAFFLE

With quinoa & GF oat flour topped with homemade nutella, whipped coconut cream, seasonal fruits, hazelnuts

(Hazelnuts, GF oats)

AVOCADO TOAST

Two glutenfree toasts, avocado, olive oil, chili flakes, sesame & salt

(Sesame)

SMOOTHIES

GREEN BOMB

Mango, spinach, fresh ginger & lemon juice, coconut water

GINGER POWER

Mango, carrot, fresh ginger & lemon juice, turmeric, coconut water

SAVOURY WAFFLE

With quinoa & GF oat flour topped with hummus, avocado, sauerkraut, sprouts
(GF oats, sesame)

SEASONAL SALAD

Nourish bowl with seasonal veggies

SHAKES

CREAMY MATCHA

Matcha, mango, spinach, bananas, dates, rice & almond mylk *(Almond)*

BLUEBERRY PROTEIN

Blueberries, banana, oats, dates, almond butter, spinach, vanilla protein, almond & rice mylk *(Almond)*

NUTELLA

Homemade nutella, dates, hazelnut milk, raw cacao
(Hazelnut)