



Local - Gluten Free Vegan Friendly - Organic

## BRUNCH PLATE

+ Avocado & hummus on freshly baked gf bread.

+ Choose between Chia pudding, Acai Bowl, Overnight Oats or Coconut Yoghurt.

+ Today's selection of Raw Cakes.

(cashews - sesame - almonds - walnuts + ask for allergies in today's cake bites)

### AVOCADO TOAST

(sesame)  
129

189

### SWEET WAFFLE

(hazelnut- gf oats)  
169

### PESTO SANDWICH

(Green pesto, pickled onion, avocado, chilli  
sesame seeds, red pepper, ruccola)

95

### CHIA PUDDING

(peanuts - walnuts - almonds)  
79

### SAVORY WAFFLE

(gf oats - sesame)  
169

### SEASONAL SALAD

Ask for today's salad.  
179

### OVERNIGHT OATS

(peanuts - walnuts - almonds)  
79

### GREEK WRAP

(bean dip, sweet potato, cucumber, ruccola, red onion,  
tomatoes, olives, vegan feta cheese)  
139

### COCONUT YOGHURT/ COYO

(peanuts - walnuts - almonds - gfoatmilk)  
79/ 99

### ACAI BOWL

(peanuts - walnuts - almonds)  
159

### SNACK-TALLERKEN

(Oliven mix, hummus, nøttemix, knekkebrød, vegan cheese)

179

## SHAKES & SMOOTHIES

### GREEN BOMB

Mango, broccoli, ginger, avocado, barley grass, spirulina,  
spinach, lemon juice, apple juice

89

### PINK BERRY SHAKE

Raspberries, banana, vanilla protein, gf oats,  
almond butter, coconut & rice mylk.

89

### GINGER POWER

Mango, carrot, ginger, lemon juice, turmeric & apple juice.

89

### BLUEBERRY PROTEIN SHAKE

Blueberries, almond butter, banana, vegan vanilla,  
protein powder, almond & rice mylk.

89

## AFTERNOON TEA (FOR 2 PEOPLE)

Avocado & hummus slice

+ Today's selection of raw cakes and balls.

+ Waffle sticks w/ hazelnut choco spread, seasonal jam, whipped cream & berries

+ Your choice of any hot drink, lemonade, kombucha or iced lattes

(cashews - sesame - almonds - walnuts - gf oats + ask for allergies in today's cake bites)

590

## ADD EXTRAS

tahini, pesto, hummus, avocado, pickled onion, sprouts, keto granola, knekkebrød, olives, vegan cheese, sweet potato

## SUPER LATTE & TONIC BLENDS

<b>Brain Boost Coffee:</b> King coffe, keto brainz, lions mane.	<b>85</b>
<b>Mood Boost Cacao:</b> Myrvann kakao, reishi, chaga, cacao mix, C8 mct creamer, kokossukker.	<b>85</b>
<b>Creamy Mocca Boost:</b> King Coffee, cacao mix, kokossukker, vanilla, cinnamon, maca.	<b>85</b>
<b>Licorice-Chai Latte:</b> Chai tea, kardemomme , kanel, ingefær, nellik, stjerneanis, lakrisekstrakt.	<b>85</b>
<b>Focus Latte:</b> Matcha, keto brainz, mct oil, vanilje, kardemomme, ingefær.	<b>85</b>
<b>Comfort Hygge Latte:</b> Chicca roast, varm melk, reishi, kokossukker, kanel og vanilje.	<b>85</b>
<b>Golden Blend - Relax Restore Focus:</b> Gullmelk med chai: gurkemeie, ingefær, maca, chai krydderier, mucuma, vanilje.	<b>85</b>
<b>Tulsi Latte:</b> Holy Basil, milk C8 mct pulver, kanel, ingefær, kokossukker.	<b>85</b>
<b>Villblåbær Toddy</b>	<b>89</b>
<b>Grønnsakskraft Buljong</b>	<b>85</b>
Mct, olive oil, grønnsaker og salt (uten gjær)	
<b>Healing Toddy</b>	<b>85</b>
Ingefær, kanelstang, stjerneanis, chilli, sitron, lønnesirup eller annen.	
<b>Epletoddy</b>	<b>85</b>
Eplesaft, chai krydderier.	
<b>Adaptogenic Latte:</b> Chaga, maca, ashwaganda, cacao mass, reishi, maitake, lions mane, cordyceps, C8 mct pulver.	<b>85</b>

**ADD EXTRA 25,-**

lions mane, myrvann ceremonial cacao ,reishi, vanilla, ashwaganda, maitake, mct oil, c8 mct powder creamer, oslo raw cacao mix, licorice extract , lemon ginger shot, green juice, rosenrot extract.

### RAW CAKES

Apple Crumble Pie
Raspberry Cheesecake
Creamy Peanut Cheesecake
Mango Passion Cheesecake
Chocolate Fudge Brownie
Chocolate Vanilla
Creamy Pistachio
Tripple Mocca
Creamy Carrot
Licorice Cake
Keto Cake
<b>75</b>

### RAW BALLS

Chocolate Crisp
Licorice Fudge
Peanut Crunch
Keto Protein Balls
Low Carb Power Ball
<b>45</b>

### TREATS

Chocolate Muffin	<b>59</b>
Flapjack	<b>75</b>
Cookies	<b>58</b>

## COFFEE & HOT DRINKS



*Signature*

Hot Chocolate	<b>69</b>
Golden Mylk	<b>69</b>
Matcha Latte	<b>69</b>
Chai Latte	<b>69</b>
Myrvann Cacao	<b>75</b>
Reishi King latte	<b>69</b>
Beetroot Latte	<b>65</b>
Chaga Latte	<b>69</b>
Chicca Roast Latte	<b>69</b>
Espresso	<b>45</b>
Americano	<b>45</b>
Filter Coffee	<b>35/ 49</b>
Cortado	<b>49</b>
Cappuccino	<b>49</b>
Latte	<b>59</b>
Caffee Mocca	<b>69</b>
Ginger Latte	<b>65</b>
Licorice Latte	<b>65</b>
Pumpkin Latte	<b>69</b>
Tea / Green, Earl Grey,	<b>55</b>
Chai, Fruity, Holy Basil,	
Kvinnkraft, Balanse,	
Magefred, Livskunst	
<b>SHOTS</b>	
Chaga, kokossukker	<b>55</b>
Chocolate	<b>55</b>
King Reishi Espresso	<b>55</b>

MYLK: Vi tilbyr: kokos, havre, soya, mandel, ris eller varmt vann til alle drinker

## ICED LATTES & DRINKS

Iced Latte	<b>59</b>	Lemonade	<b>69</b>
Iced Mocca	<b>65</b>	Coconut Water	<b>59</b>
Iced Coffee	<b>39</b>		
Iced Golden Mylk	<b>65</b>	ALT Vin (wine alternative)	
Iced Matcha	<b>65</b>	Glass	<b>69</b>
Kombucha	<b>89</b>	Bottle Small / Large	<b>79/ 149</b>
Kombucha Spritz	<b>59</b>		

*Très bien*

Also find our treats at MENY, Jacobs, ODA.NO, Morgenlevering, Life, Røtter and many more.

Vel du handle med deg hjem blends, pulvere og ingredienser, finn dine favotter i vår kafe shop eller på [www.osloraw.no](http://www.osloraw.no)

**Order whole cakes, catering, events and home delivery at +47 413 44 470 , [www.osloraw.no](http://www.osloraw.no)**