

Oslo Raw Menu

WE ARE GLUTEN FREE , LOCAL, VEGAN FRIENDLY & ORGANIC

BRUNCH PLATE	178,-
+ Avocado & hummus on freshly baked gf bread topped with sprouts, tomatoes, chili sesame and more. + Choose between chia pudding, acai bowl, overnight oats or coconut yoghurt. Served with granola, coconut flakes, cacao nibs, hemp seeds, nut butters, berries & fruits. + Today´s collection of raw cake bites. <i>(cashews - sesame - almonds - walnuts + ask for allergies in today's cake bites)</i>	
CLASSIC AVOCADO TOASTS	119,-
Sourdough toast with avocado, olive oil, sprouts, chili flakes, sesame seeds & Himalayan salt. <i>(sesame)</i>	
SANDWICH	78,-
Freshly baked gf bread with pesto, rucicola, veggies and more.	
CHIA PUDDING	68,-
Seasonal jam, chia pudding, coconut yoghurt. Served with granola, cacao nibs, coconut chips, hemp seeds, peanut butter & seasonal berries. <i>(peanuts - walnuts - almonds)</i>	
OVERNIGHT OATS	68,-
Seasonal jam, overnight gf oats, coconut yoghurt, granola, cacao nibs, hemp seeds, coconut chips, peanut butter & berries. <i>(peanuts - walnuts - almonds)</i>	
COCONUT YOGHURT/ COYO BOWL	68,-/95,-
Mango coconut yoghurt served with raw granola, hemp seeds, cacao nibs, coconut chips, peanut butter & berries. <i>(peanuts - walnuts - almonds - gf oatmilk)</i>	
ACAI BOWL	145,-
Acai, mango, blueberries, raspberries, bananas, coconut & rice milk. Served with raw granola, coconut chips, cacao nibs, hemp seeds, peanut butter & seasonal fruit. <i>(peanuts - walnuts - almonds)</i>	
SWEET WAFFLE	158,-
Belgian waffle made of buckwheat & GF oats. Topped with hazelnut spread, whipped coconut cream, seasonal jam, hazelnuts & fruits. <i>(hazelnut- gf oats)</i>	
SAVORY WAFFLE	158,-
Belgian waffle made of buckwheat & GF oat flour. Topped with beetroot hummus, avocado, sprouts, pickled red onion & chili sesame. <i>(gf oats - sesame)</i>	
SEASONAL SALAD	165,-
Ask for today's salad.	
WRAP	119,-
Ask for today's wrap.	
SWEET TOWER (FOR 2 PEOPLE)	560,-
+ Avocado & hummus bread slice w/ sprouts, olive oil & chili sesame + Todays choice of raw cake bites and balls. + Waffle sticks w/ hazelnut choco spread, seasonal jam, wipped cream & berries + Your choice of any hot drink, lemonade, kombucha or iced lattes <i>(cashews - sesame - almonds - walnuts - gf oats + ask for allergies in todays cake bites)</i> + ADD BOWLS 95,- Add two optional bowls. Choose between chia pudding/ overnight oats/ coconut yoghurt.	

OPEN ALL DAYS ALL WEEK

ORDER OUR PRODUCTS FOR YOUR CATERING, EVENT, OFFICE AND HOME DELIVERY AT OSLOWRAW.NO

Add on extra 15,-

Tahini
Pesto
Hummus
Avocado
Pickled onion
Sprouts

Coffee & hot drinks

Golden Mylk	59,-
Matcha Latte	59,-
Beetroot Latte	59,-
Chai Latte	59,-
Pumpkin Latte	59,-
Hot Chocolate	59,-
Chaga Latte	59,-
Chicca Roast Latte	55,-
Tea	39,-
Espresso	32,-
Americano	39,-
Filter Coffee	33,-/ 39,-
Refill filter coffee	+10,-
Cappuchino.	45,-
Cortado	45,-
Caffe Latte	54,-
Caffe Mocca	59,-
Adaptogenic Womb Latte	59,-
Liquorice Latte	59,-
Creamy Brain Boost	59,-
Ginger Latte	59,-

Iced Lattes & drinks

Iced Latte	59,-
Iced Mocca	65,-
Iced Coffee	39,-
Iced Golden Mylk	65,-
Iced Matcha	65,-
ALT alcoholfree wine	
Kombucha	79,-
Kombucha Spritz	59,-
Lemonade	49,-
TIBI Kefir	59,-

Upgrade your latte or coffee 20,-

Whipped cream
Maca
MCT oil
Adaptogen mix
Espresso
Keto Brainz
Prebiotic Fiber
Super Cacchi
Chaga

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Shakes & smoothies

GREEN BOMB	89,-
Mango, broccoli, avocado, barley gress, spirulina, spinach, lemon juice, apple juice	
GINGER POWER	89,-
Mango, carrot, ginger, lemon juice, turmeric & apple juice.	
PINK BERRY SHAKE	89,-
Raspberries, banana, vanilla protein, gf oats, almond butter, coconut & rice mylk. (almond, oats)	
BLUEBERRY PROTEIN SHAKE	89,-
Blueberries, almond butter, banana, vegan vanilla protein powder, almond & rice mylk. (almond, rice, oats)	
CHOCO PROTEIN SHAKE.	89,-
Sunwarrior collagen blend, rice almond milk, banana	

Raw Cakes

69,-

Raspberry Cheesecake
Creamy Peanut Chocolate
Mango Passion Cheesecake
Chocolate Fudge Brownie
Chocolate Vanilla
Creamy Pistachio
Tripple Mocca
Creamy Carrot
Liquorice Cake
Keto Fudge

Raw Balls

Chocolate Crisp 39,-
Peanut Butter Crunch 45,-
Liquorice Fudge 39,-

Treats

Banana Bread 39,-
Chocolate Muffin. 45,-
Flapjack. 69,-

Want cakes today?

Shop whole cakes now - call
our bakery 413 44 470



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OSLO RAW HOME