

# Oslo Raw Menu

WE ARE GLUTEN FREE , LOCAL, VEGAN FRIENDLY & ORGANIC

<b>BRUNCH PLATE</b>	<b>169,-</b>
+ Avocado & hummus on freshly baked gf bread topped with sprouts, tomatoes, chili sesame and more. + Choose between chia pudding, acai bowl, overnight oats or coconut yoghurt. Served with granola, coconut flakes, cacao nibs, hemp seeds, nut butters, berries & fruits. + Today´s collection of raw cake bites. <i>(cashews - sesame - almonds - walnuts + ask for allergies in today's cake bites)</i>	
<b>CLASSIC AVOCADO TOASTS</b>	<b>109,-</b>
Sourdough toast with avocado, olive oil, sprouts, chili flakes, sesame seeds & Himalayan salt. <i>(sesame)</i>	
<b>CHIA PUDDING</b>	<b>68,-</b>
Seasonal jam, chia pudding, coconut yoghurt. Served with granola, cacao nibs, coconut chips, hemp seeds, peanut butter & seasonal berries. <i>(peanuts - walnuts - almonds)</i>	
<b>OVERNIGHT OATS</b>	<b>68,-</b>
Seasonal jam, overnight gf oats, coconut yoghurt, granola, cacao nibs, hemp seeds, coconut chips, peanut butter & berries. <i>(peanuts - walnuts - almonds)</i>	
<b>COCONUT YOGHURT/ COYO BOWL</b>	<b>68,-/95,-</b>
Mango coconut yoghurt served with raw granola, hemp seeds, cacao nibs, coconut chips, peanut butter & berries. <i>(peanuts - walnuts - almonds - gf oatmilk)</i>	
<b>ACAI BOWL</b>	<b>145,-</b>
Acai, mango, blueberries, raspberries, bananas, coconut & rice milk. Served with raw granola, coconut chips, cacao nibs, hemp seeds, peanut butter & seasonal fruit. <i>(peanuts - walnuts - almonds)</i>	
<b>SWEET WAFFLE</b>	<b>155,-</b>
Belgian waffle made of buckwheat & GF oats. Topped with hazelnut spread, whipped coconut cream, seasonal jam, hazelnuts & fruits. <i>(hazelnut- gf oats)</i>	
<b>SAVORY WAFFLE</b>	<b>155,-</b>
Belgian waffle made of buckwheat & GF oat flour. Topped with beetroot hummus, avocado, sprouts, pickled red onion & chili sesame. <i>(gf oats - sesame)</i>	
<b>SEASONAL SALAD</b>	<b>165,-</b>
Ask for today's salad.	
<b>AUTUMN SOUP</b>	<b>119,-</b>
Ask for today's soup.	
<b>WRAP</b>	<b>119,-</b>
Ask for today's wrap.	
<b>SWEET TOWER (FOR 2 PEOPLE)</b>	<b>560,-</b>
+ Avocado & hummus bread slice w/ sprouts, olive oil & chili sesame + Today's choice of raw cake bites and balls. + Waffle sticks w/ hazelnut choco spread, seasonal jam, whipped cream & berries + Your choice of any hot drink, lemonade, kombucha or iced lattes <i>(cashews - sesame - almonds - walnuts - gf oats + ask for allergies in today's cake bites)</i>	
<b>+ ADD BOWLS 95,-</b>	
Add two optional bowls. Choose between chia pudding/ overnight oats/ coconut yoghurt.	

OPEN ALL DAYS ALL WEEK

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*Add on extra 15,-*

Tahini  
Pesto  
Hummus  
Avocado  
Pickled onion  
Sprouts

## Coffee & hot drinks

Golden Mylk	59,-
Matcha Latte	59,-
Beetroot latte	59,-
Chai Latte	59,-
Pumpkin Latte	59,-
Hot Chocolate	59,-
Chaga Latte	59,-
Tea	39,-
Espresso	32,-
Americano	39,-
Bulletproof coffee	55,-
Filter Coffee	39,-
Refill filter coffee	+10,-
Cappuchino.	45,-
Cortado	45,-
Caffe Latte	52,-
Caffe Mocca	59,-
Adaptogenic Womb Latte	65,-
Liquorice Latte	59,-
Ginger Latte	59,-

## Iced Lattes & drinks

Iced Latte	45,-
Iced Mocca	59,-
Iced Coffee	49,-
Iced Golden Mylk	65,-
Iced Matcha	65,-
Kombucha	79,-
Kombucha Spritz	59,-
Lemonade	49,-
TIBI Kefir	59,-

Upgrade your latte or coffee 15,-

Whipped cream  
Maca  
MCT oil  
Adaptogen mix  
Espresso  
Keto Brainz  
Prebiotic Fiber  
Super Cacao mix  
Chaga

## Shakes & smoothies

**GREEN BOMB** 89,-  
Mango, broccoli, avocado, wheatgrass, barley gress, spirulina, spinach, lemon juice, apples & ginger based on cold pressed celery, cucumber and coriander juice.  
(wheatgrass, barley gres)

**GINGER POWER** 89,-  
Mango, carrot, ginger, lemon juice, turmeric & apple juice.

**PINK BERRY SHAKE** 89,-  
Raspberries, banana, vanilla protein, gf oats, almond butter, coconut & rice mylk.  
(almond, oats)

**BLUEBERRY PROTEIN SHAKE** 89,-  
Blueberries, almond butter, banana, vegan vanilla protein powder, almond & rice mylk.  
(almond, rice, oats)

## Raw Cakes

68,-

Raspberry Cheesecake  
Creamy Peanut Chocolate  
Mango Passion Cheesecake  
Raw Brownie  
Chocolate Vanilla  
Creamy Pistachio  
Tripple Mocca  
Creamy Carrot  
Liquorice Cake

## Raw Balls

39,-

Chocolate Crisp  
Peanut butter Crunch  
Liquorice Fudge

Want cakes today?

Shop whole cakes now - call  
our bakery 413 44 470



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OSLO RAW HOME