



Local - Gluten Free - Vegan Friendly - Organic

BRUNCH PLATE

+ Avocado & hummus on freshly baked gf bread.

+ Choose between Chia pudding, Acai Bowl, Overnight Oats or Coconut Yoghurt.

+ Today's selection of Raw Cakes.

(cashews - sesame - almonds - walnuts + ask for allergies in today's cake bites)

198

AVOCADO TOAST

(sesame)

139

TODAY'S SANDWICH

(A selection of grilled veggies, pesto, avocado, red pepper, ruccola and more)

119

CHIA PUDDING

(peanuts - walnuts - almonds)

85

OVERNIGHT OATS

(peanuts - walnuts - almonds)

85

COCONUT YOGHURT/ COYO BOWL

(peanuts - walnuts - almonds - gf oatmilk)

85/ 110

CREAMY CHIA

((low carb) with berry jam & roasted almonds)

85

OLIVES, CRACKERS & DIP

110

SOUP

(seasonal veggies)

175

SWEET or SAVORY WAFFLE / or HALF/HALF

(hazelnut - gf oats, gf oats - sesame)

189

SEASONAL SALAD

Ask for today's salad.

189

GREEK WRAP

(bean dip, sweet potato, cucumber, ruccola, red onion, tomatoes, olives, vegan feta cheese)

179

ACAI BOWL

(peanuts - walnuts - almonds)

179

CHARCUTERIE 2 PERS

289

ICE CREAM

3 SCOOPS

Today's selection

129

SHAKES & SMOOTHIES

GREEN BOMB

Mango, broccoli, ginger, avocado, barley grass, spirulina, spinach, lemon juice, apple juice

95

GINGER POWER

Mango, carrot, ginger, lemon juice, turmeric & apple juice.

95

PINK BERRY

Raspberries, banana, vanilla protein, gf oats, almond butter, coconut & rice mylk.

95

BLUEBERRY PROTEIN

Blueberries, gf oats, almond butter, banana, vegan vanilla, protein powder, almond & rice mylk

95

AFTERNOON TEA (FOR 2 PEOPLE)

Seasonal selection of savory canapé and toasts, treats, cakes and waffles with jam, hazelnut choco dip, berries and whipped cream.

+ Your choice of any hot drink, lemonade, kombucha or iced lattes

(cashews - sesame - almonds - walnuts - gf oats + ask for allergies in today's cake bites)

695

ADD EXTRAS

tahini, pesto, hummus, avocado, pickled onion, sprouts, keto granola, knekkebrød, olives, vegan cheese, sweet potato, fresh berries, nut butters

35

SUPER LATTE & TONIC BLENDS

Adaptogenic Latte: Chaga, maca, ashwaganda, cacao	85
mass, reishi, maitake, lions mane, cordyceps, C8 mct pulver.	
Brain Boost Coffee: Espresso, keto brainz, lions mane.	85
Mood Boost Cacao: Myrvann kakao, reishi, chaga, cacao	85
mix, C8 mct creamer, kokossukker.	
Creamy Mocca Boost: Espresso, cacao mix, kokossukker,	85
vanilla, cinnamon, maca.	
Focus Latte: Matcha, keto brainz, mct oil, vanilje, kardemomme,	85
ingefær.	
Comfort Hygge Latte: Chicca roast, varm melk, reishi,	85
kokossukker, kanel og vanilje.	
Grønnsakskraft Buljong	85
Mct, olive oil, grønnsaker og salt (uten gjær)	
Healing Toddy	85
Ingefær, kanelstang, stjerneanis, chilli, sitron, lønnesirup eller annen.	
Epletoddy:	85
Eplemost, chai krydderier.	

ADD EXTRA 25,-

lions mane, myrvann ceremonial cacao ,reishi, vanilla, ashwaganda, maitake, mct oil, c8 mct powder creamer, oslo raw cacao mix, licorice extract , rosenrot extract, chilli, cinnamon, chai spices.

COFFEE & HOT DRINKS



Signature

Hot Chocolate/ velg	75
<i>mellom medium eller sterk</i>	
Golden Mylk	69
Matcha Latte	69
Chai Latte	69
Myrvann Cacao	79
Reishi King latte	69
Beetroot Latte	65
Chaga Latte	69
Chicca Roast Latte	69
Espresso	45
Americano	45
Filter Coffee	35/ 49
Cortado	49
Cappuccino	49
Latte	59
Caffee Mocca	69
Ginger Latte	65
Licorice Latte	65
Pumpkin Latte	69
Tea / Green, Earl Grey,	55
<i>Chai, Fruity, Holy Basil,</i>	
<i>Kvinnekraft, Balanse,</i>	
<i>Magfred, Livskunst</i>	
SHOTS	
Chaga, kokossukker	55
Chocolate	55
King Reishi Espresso	55

MYLK: Vi tilbyr: kokos, havre, soya, mandel, ris eller varmt vann til alle drinker

ICED LATTES & DRINKS

Iced Latte	59	
Iced Mocca	69	
Iced Coffee	49	
Iced Golden Mylk	69	
Iced Matcha	69	
Iced Beetroot Latte	69	
Kombucha	89	
Kombucha Spritz	59	
		Lemonade 59
		Coconut Water 59
		ALT Vin (wine alternative)
		Glass 69
		Bottle Small / Large 79/ 149

Très bien

RAW CAKES

Apple Crumble Pie
Raspberry Cheesecake
Creamy Peanut Cheesecake
Mango Passion Cheesecake
Chocolate Fudge Brownie
Chocolate Vanilla
Creamy Pistachio
Tripple Mocca
Creamy Carrot
Licorice Cake
Keto Cake
75

RAW BALLS

Chocolate Crisp
Licorice Fudge
Peanut Crunch
Keto Protein Balls
Low Carb Power Ball
45

TREATS

Chocolate Muffin	59
Flapjack	75
Cookies	58

Also find our treats at MENY, Jacobs, ODA.NO, Morgenlevering, Life, Rotter and many more.

Vil du handle med deg hjem blends, pulvere og ingredienser, finn dine favoritter i vår kafe shop eller på www.osloraw.no

Order whole cakes, catering, events and home delivery at +47 413 44 470 , www.osloraw.no