

BRUNCH PLATE 199.-Gluten-free whole grain bread slice with hummus, avocado, sprouts and chilli sesame seeds, 3 pieces of raw cake bites and your optional bowl: acai bowl, overnight oats, coconut yoghurt or chia pudding. (Allergens: cashew, sesame, peanut, walnut, almond) CLASSIC AVOCADO TOAST 139,-Two toasted sourdough bread slices with olive oil, avocado, sprouts, salt and chilli sesame seeds. (Allergens: sesame) TODAYS SANDWICH 119,-Freshly baked gluten free bread with pesto, hummus, avocado, pickled onions and seasonal vegetables . (Allergens: cashew) **CHIA PUDDING** 89,-Homemade jam, chia seeds, coconut yoghurt, granola, cacao nibs, coconut flakes, hemp seeds ℰ peanut butter. (Allergens: peanut, walnut, almond, gf oats) CREAMY CHIA PUDDING 89,-Homemade jam, chia seeds & coconut cream, almonds, (Allergens: almond, gf oats) **OVERNIGHT OATS** 89,-Homemade jam, activated gluten-free oats, coconut yoghurt, granola, cacao nibs, hemp seeds, coconut flakes & peanut butter. (Allergens: peanut, walnut, almond, gf oats) **COCONUT YOGHURT** 89,-/ 110, Creamy coconut yoghurt made with mango, dates, turmeric and prebiotics, topped with homemade granola, hemp seeds, cacao nibs, coconut & nut butter. (Allergens: peanut, walnut, almond, gf oats) ACAÍ BOWL 179,-Smoothie bowl with acaí berries, blueberries, raspberries, mango, bananas, rice almond milk, vanilla protein and maple syrup. Topped with raw granola, coconut chips, cacao nibs, hemp seeds, peanut butter & seasonal fruit. (Allergens: peanut, walnut, almond, gf oats) YOUR FAVORITE BOWL 189,-Acai bowl with creamy coconut mango yoghurt, hazelnutella and almond butter. Topped with cacao nibs, banana and other berries. SWEET WAFFLE Belgian waffle topped with homemade nutella and jam, whipped coconut cream, hazelnuts & fruits. 189,-(Allergens: hazelnut, gf oats) **SAVORY WAFFLE** Belgian waffle topped with hummus, avocado, sprouts, pickled onions, salt & chili sesame seeds. (Allergens: gf oats, sesame) 189,-**SEASONAL SALAD** A nutritious salad of the day filled with seasonal vegetables and homemade dip. (Ask for allergens) 179.-**TODAYS SOUP** A rich and creamy seasonal soup served with gf bread. (Ask for allergens) 179,-AFTERNOON TEA Perfect for 2. Includes two optional hot or iced drinks of your choice. Bread slices with hummus, avocado, sprouts, olive oil & chili sesame seeds, a selection of our best raw cake bites,

belgian waffle sticks with hazelnutella, jam, wipped cream & berries. (Allergens: cashew, sesame, hazelnut, almond,

walnut, gf oats) Ask for allergens in todays cake bites

695,-

COFFEE

Americano	45,-	
Espresso	45,-	
Caffe latte	59,-	
Chai latte	69,-	
Cappuccino	49,-	
Filter coffee	39/45,-	
Caffe Mocca	69,-	
Chaga latte	75,-	
Ginger latte	69,-	
Licorice latte	69,-	
Pumpkin latte	75,-	
Brain boost coffee	79,-	
(espresso, mylk, keto brainz, lions mane)		
Creamy mocca boost	79,-	
(espresso, mylk, raw cacao, coconut sugar,		
maca, cinnamon)		
Adaptogenic latte	85,-	
(espresso, mylk, chaga, maca, ashwaganda, raw		
cacao, reishi, lions mane, cordyceps, c8 mct)		



All our coffees and hot drinks can be made iced

We use oatly as standard mylk in all our hot drinks

Other options: almond. coconut, soy, rice, hot water



HOT DRINKS

Hot chocolate Our signature raw cacao	75,-	For extra boost in your hot drink +25,-
Myrvann cacao (lions mane,chaga, Cordyceps, reishi) Ceremonial Grade (Myrvann, hot water and coconut sugar or maple) Sweet & Creamy (Myrvann, mylk, coconut sugar and cacao-mix)	79,- 89,-	chaga, lions mane, reishi, maitake, cordyceps, ashwaganda,
Mood boost cacao Raw cacao mixed with mylk, reishi, chaga, raw cacao, c8 mct and coconut sugar	85,-	mct, maca, chilli, whipped cream, espresso
Golden mylk Mylk, turmeric, ginger, coconut oil, cinnan pepper, cardamon and coconut sugar	69,- non,	
Matcha latte Ceremonial green tea blended with mylk and syrup	69,-	
Chai latte Our finest chai spice blend mixed in mylk, coconut sugar, maple syrup	69,-	
Beetroot latte	69,-	

Beetroot powder, ginger powder, syrup

Chicory (Chicca) roast with mylk, cinnamon,

Comfort hygge latte

cardamon & coconut sugar



Smoothies

Green Bomb **Ginger Power** Pink Berry Dream Blueberry Protein



Cakes & Treats

Raw Cakes	75,-
Chocolate Crisp Ball	45,-
Liqourice Fudge Ball	45,-
Keto Brownie Ball	45,-
Peanut Butter Crunch	45,-
Bounty Bar	59,-
Muffin	65,-
Cookie	59,-
Flapjack	75,-
Ice Cream / 1 scoop 45,- / box	: 99,-

(ask for allergens or nut free options)



Wine menu

Glass/bottle
150/650,-
180/800,-
160/650,-

Rosè

Cornelissen Susucaru 190/850,-

White

Castell d age Cava 170/680,-**Gustavshof Riesling** 150/600,-

Non alcoholic

Lemonade, Kombucha, Sparkling water Ask staff for other options

Tea:

Earl Grey, Green, Chai, Kamomille, Fruity, Ginger tea, Matcha 59,-

85,-