

BRUNCH PLATE

Gluten-free whole grain bread slice with hummus, avocado, sprouts & chilli sesame seeds, 3 pieces of raw cake bites & your optional bowl: acai bowl, overnight oats, coconut yoghurt or chia pudding.

199,-

145,-

(Contains: gf oats, cashew, sesam, peanuts, walnuts & almonds)

CLASSIC AVOCADO TOAST

Two toasted sourdough bread slices with olive oil, avocado, sprouts, salt and chilli sesame seeds. (Contains: sesam)

TODAYS SANDWICH

Freshly baked gluten free bread with pesto, hummus, avocado, pickled onions and seasonal veggies. (Contains: cashew, gf oats)

119.-

CHIA PUDDING

Homemade jam, chia seeds, coconut yoghurt, granola, cacao nibs, coconut flakes, hemp seeds & peanut butter. (Contains: peanuts, walnuts, sesame, almonds, gf oats)

89,-

CREAMY CHIA PUDDING

Homemade jam, chia seeds & coconut cream (Contains: almonds, gf oats)

89,-

OVERNIGHT OATS

Homemade jam, sprouted gluten-free oats, coconut yoghurt, granola, cacao nibs, hemp seeds, coconut flakes & peanut butter. 89,-(Contains: peanuts, walnuts, gf oats, almonds)

COCONUT YOGHURT

89,-/ 110 Creamy coconut yoghurt made with mango, dates, turmeric and prebiotics, topped with homemade granola, hemp seeds, cacao nibs, coconut & nut butter.

(Contains: peanuts, gf oats, walnuts, almonds)

ACAÍ BOWL

179,-

Smoothie bowl with acaí berries, blueberries, raspberries, mango, bananas, rice almond milk, vanilla protein and maple syrup. Topped with raw granola, coconut chips, cacao nibs, hemp seeds, peanut butter & seasonal fruit. Tips: ask for coconut yoghurt in your açai bowl! +35,-

(Contains: peanuts, walnuts, almonds, gf oats)

SWEET WAFFLE

189,-

Belgian waffle topped with homemade nutella and jam, whipped coconut cream, hazelnuts & fruits. (Contains: hazelnuts, gf oats)

SAVORY WAFFLE

189,-

Belgian waffle topped with hummus, avocado, sprouts, pickled onions, salt & chili sesame seeds. (Contains: gf oats, sesame)

SEASONAL SALAD

185,-

A nutritious salad of the day filled with seasonal vegetables and homemade dip. (Contains: cashew, sesame)

AFTERNOON TEA

Perfect for 2. Includes two optional hot or iced drinks of your choice. Bread slices with hummus, avocado, sprouts, olive oil & chili sesame seeds, a selection of our best raw cake bites, belgian waffle sticks with hazelnutella, jam, 749,wipped cream & berries.

(Contains: cashew, sesame, hazelnut, almonds, walnuts, gf oats)

COFFEE		Oslo
Americano	45,-	ROLL
Espresso	45,-	
Caffe latte	59,-	(F) (S
Chai latte	69,-	() \$\sigma(\epsilon)
Cappuccino	49,-	
Filter coffee	39/45,-	
Caffe Mocca	69,-	
Chaga latte	75,-	
Ginger latte	69,-	We use oat mylk as
Licorice latte	69,-	standard mylk or
Pumpkin latte	75,-	choose your favorite:
Brain boost coffee (espresso, mylk, keto brainz, lic	79,-	almond, coconut, soy or rice mylk.
Creamy mocca boo (espresso, mylk, raw cacao, coc	st 79,-	
cinnamon) Adaptogenic latte	85,-	85



HOT DRINKS

reishi, lions mane, cordyceps, c8 mct)

Hot chocolate	75,-	For extra boost in
Our signature rich and creamy cacao ma	ade	
with mylk, cacao mass, coconut sugar ar	nd agave	your hot drink +25,-

Myrvann cacao (Lions mane, chaga, cordvceps, reishi)	79/89,-	chaga, lions mane, reishi, maitake,
Choose between ceremonial grade (hot w or sweet and creamy (mylk, coconut sugar		zordyceps, ashwaganda, mct, maca, chilli,
Mood hoost cacao	8n -	whipped cream,

Our signature cacao mixed with Myrvann cacao, mylk, coconut sugar and maple syrup

(espresso, mylk, chaga, maca, ashwaganda, raw cacao,

Golden mylk	69,-
Mylk, turmeric, ginger, coconut oil, cinn	amon,
nenner cardamon and coconut sugar	

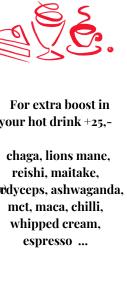
Matcha latte	69,-
Ceremonial green tea blended	
with mylk and syrup	

Chai latte	69,-
Chai tea and our finest chai spice blend	
mixed in mylk, coconut sugar, maple syrup	

Beetroot latte	69,-
Beetroot powder, ginger powder, syrup	

Comfort hygge latte	85,-
Chicory (Chicca) roast with mylk, cinnamon	,
cardamon & coconut sugar	

Tea pot Earl Grey, Green, Chai, Chamomille , Fruity, Ginger





Smoothies 95,

Green Bomb (contains: celery) Ginger Power Pink Berry Dream (contains: almond)

Blueberry Protein (contains: almond)

Cakes & Treats

Raw Cakes	75,-
Chocolate Crisp Ball	45,-
Liqourice Fudge Ball	45,-
Keto Brownie Ball	45,-
Peanut Butter Crunch	45,-
Ferrero Rawcher	45,-
Muffin	65,-
Cookie	59,-
Flapjack	75,-
Ice Cream	89,-

For home delivery & pick up, order cakes at osloraw.no or call our bakery at 413 44 470 and get your cake today.

You can also shop our cakes at MENY all over Norway, and at Morgenlevering.no, ODA.NO & WOLT

Wine menu

	Glass/bottle
Red Carussin Completo Unlitro	150/650,-
Orange Meinklang Mulatschak	160/650,-
White sparkling Castell d age Cava	170/680,-

Non alcoholic

Lemonade, Kombucha, Sparkling water Ask staff for other options